A summary of the work done in an attempt to understand free energy phenomena in TGD framework is provided: this includes some slightly updated

chapters from the book \blockquote{p-Adic length scale hypothesis and dark matter

hierarchy}. Some new ideas ideas and devices related to free energy are

discussed.

The ZPE approach is compared with the TGD approach identifying dark matter

as a hierarchy of phases of ordinary matter characterized by non-standard value of Planck constant  $h_{eff}=nh$ . The general ideas

behind anomalous hydrolysis of water are introduced, and a TGD inspired

model for Brown's gas explaining its anomalous properties is formulated.

This inspires a vision about how metabolism in living matter could utilize

the mechanisms explaining the behavior of Brown's gas.